

PATHWAYS TO THE HEART OF SCOTLAND

12/14 DAY TOUR | AUGUST 14-26/28, 2024



There are many pathways to the heart of Scotland and one is Celtic Spirituality. Rich and complex, it is interwoven with ancient traditions, Christian saints, reformations, battles and a myriad of cultural customs and beliefs. We invite you to join us as we explore some of the many pathways that have created the Scots-Gaelic view of Life, Love and Spirit. We will explore spiritual sites, historical events, cultural viewpoints, music, poetry, and customs (including a wee dram of whisky!), weaving together the essence of the tartan that is Scotland.

Scott Dunfee is Co-Director of Celtic Spirit Northwest, a non-profit promoting Celtic spirituality and culture through retreats, lectures and tours. He's also a Celtic Axe Thrower and a member of the Society of Whisky Masters, conducting single malt scotch tastings for small groups. A retired Lutheran Pastor and U.S. Navy Chaplain, who has been all over the world, this will be his fourth trip to Scotland and he's excited to share its beauty, history, spirituality and culture in ways that bring refreshment and new dimensions to our lives. A Drum Major in his youth, he loves the skirl of the bagpipes!



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ITINERARY

Key: B = Breakfast, L = Lunch, D = Dinner

Day 1: Thursday, August 15, 2024: Flight

We will depart the USA on our overnight flights to Scotland **(IF)**

Day 2: Friday, August 16, 2024: A day with ancient Saints and stones and beloved Robbie Burns

This On arrival in Glasgow, we will meet our Reformation Tours' Tour Director and board our air-conditioned bus. We will visit St. Mungo's Cathedral, which was founded by David I on the site of an earlier church. In the chapter house we will see the graves of nine Covenanters who lost their lives in 1645 for being Presbyterian. In the Govan Old Church, we will see the Govan Stones. In the attractive seaside resort of Ayr we will see the commemorative museum for Robert Burns, who was born on the outskirts of the town. We will stay in Stranraer for 2 nights. **(B/D)**

Day 3: Saturday, August 17: 2024: A day with St Ninian and the first Scottish Christians

Today's day trip is to Whithorn, the site of the earliest Christian community in Scotland. According to the Venerable Bede in the 7th century, St. Ninian introduced the Christian faith even before St. Columba. He was a Briton who had been trained in Rome. We will visit St. Ninian's Chapel (Shining White Church) and St. Ninian's Cave. This church known as "Candida Casa" (Shining White Church) is now commemorated in Whithorn Priory and Museum.

We'll see the Latinus Stone which is the earliest Christian monument in Scotland. We will return to Stranraer and celebrate Pastor Dunfee's birthday with dinner and Robert Burns poetry reading accompanied with good Scotch whisky. **(B/D)**



Day 4: Sunday, August 18, 2024: Mysterious standing stones, and Uisage Bretha (water of life)

On our way to Oban, we will stop at the Auchentoshan distillery near Glasgow. This is the only single malt whisky distillery in Scotland to insist on triple distillation. The name Auchentoshan is from the Gaelic Achadh an Oisein and translates as “corner of the field”. We will then explore an area called Kilmartin Glen which has a vast number of ancient monuments, 150 of which are prehistoric. We will tour the Kilmartin House Museum of Ancient Culture, then visit some of the stones. We will dine in our hotel this evening. **(B/D)**

Day 5: Monday, August 19, 2024: A day with St. Columba

This morning we will board a ferry to the Isle of Mull, then take another short foot passenger ferry from Fionnport to St Columba’s Island of Iona. Iona, the site of the first Christian settlement of Scotland, has been known as a place of spiritual power for centuries. It was founded in 563 by St. Columba (521-97) and was a leading center for Christian scholarship throughout Europe. St. Columba’s Bay is believed to be the place where he landed and we will take an optional walk to that beach. Iona Abbey dates back to the 11th Century. We will return to Oban and the evening is at leisure. **(B/D)**



Day 6: Tuesday, August 20, 2024: Into the Highlands

We will begin our day at Glencoe, where the massacre took place on February 13, 1692. The visitor center includes a 15-minute video presentation explaining what led up to the sad events. We will then drive through the Cairngorm’s National Park to Craigellachie. Along the way we will stop and see a sheep dog demonstration in Leault Farm. We will be based in Craigellachie for two nights in the Craigellachie Hotel. Tonight’s dinner will include whisky tasting. **(B/D)**

Day 7: Wednesday, August 21, 2024: Wars and Monsters and Castles

Today we have the option to explore the Craigellachie area or take an optional day trip to the Inverness area. The morning bus tour will include the Culloden battlefield site, where the last hand-to-hand battle was fought on British soil. The battle only lasted one hour, but it had a huge impact on the Highlands. We will also take a one-hour cruise on Loch Ness and tour Urquhart Castle. Steeped in national heritage and history, the Trossachs is home to some of the most influential and quintessentially Scottish icons of all time such as Rob Roy MacGregor and Sir Walter Scott. The rest of the day is at leisure and there are some wonderful walking trails along the Spey River with nearby distilleries to visit. **(B/D)**

Day 8: Thursday, August 22, 2024: Kings and Queens, Destinies and Tea

Queen Elizabeth II loved Scotland and we will visit Balmoral Castle, nestled in the Cairngorms National Park, which has been the Scottish home of the Royal Family for over 150 years. We will then travel to Perth, which was once Scotland's capital. Much loved by James I, the "Fair City" of Perth lies on the River Tay. We will visit Scone Palace, immortalized in Macbeth, which was the home of the Stone of Destiny on which many of the Scottish Kings were crowned. Our tour will include a traditional afternoon tea. We will spend two nights in Perth. **(B)**



Day 9: Friday, August 23, 2024: Martyrdom and King Robert the Bruce

We will take a day trip to nearby St. Andrews, a spiritual center in Scotland for centuries. During the Reformation, St. Andrews University was third in significance after Oxford and Cambridge. In the now ruined castle, we will see the Bottle Dungeon where George Wishart was imprisoned before being burned at the stake, and pause at his martyrdom site, also remembering fellow martyr Patrick Hamilton. St. Andrews Cathedral was once the largest church in Scotland, but fell into ruin after John Knox's sermon, which was inspired by Wishart's martyrdom. We will see a monument to Robert the Bruce, the first king to unite the Scottish people and the wide sandy beach made famous in the film Chariots of Fire. We will return to our hotel in Perth and dine in the hotel. **(B/D)**



Day 10: Saturday, August 24, 2024: John Knox, the Royal Mile, and the Tattoo

We will begin our exploration of Edinburgh on the Royal Mile with a Reformation-themed walking tour. John Knox first preached in 1559 in St. Giles Cathedral. It was reported that “he was so active and vigorous it looked as if he was about to break”. We will also visit John Knox House, Greyfriar’s Church, Magdalene Chapel and other sites on the Royal Mile. The afternoon is at leisure before we attend the world-famous Edinburgh Tattoo. **(B)**

Day 11: Sunday, August 25, 2024: church, Castle and Auld Lang Syne

The morning is at leisure to attend church. In the afternoon we will continue our tour of Edinburgh with a visit to Holyrood Palace where John Knox had discussions with Mary Queen of Scots. Our tour of Edinburgh Castle will include tiny St. Margaret’s Chapel, which dates back to the 1100s. Our final meal will be in a traditional Scottish restaurant as we look back at all the wonderful places we have seen on the trip. **(B)**

Day 12: Monday, August 26, 2024: Edinburgh

We will depart from Edinburgh on our flights back to the USA or continue our travels in Europe **(B/D)**



NORTHUMBRIAN POST-TOUR

Optional Post Tour (\$890 based on a minimum of 8)

Day 12: Monday, August 26, 2024: Holy Island

Today we will travel to Lindisfarne, known today as Holy Island, which is a tidal island off the Northumbrian coast. St. Aidan was sent here as a missionary from Iona and established a monastery in around 630 AD. Vikings destroyed the original monastery and monks fled from the island. The present Lindisfarne Priory is a dramatic ruin, modeled after Durham Cathedral. This is where the famous Lindisfarne Gospels were produced. Even secular historians refer to Lindisfarne as “the most holy place in England.” We will have time for reflection and personal exploration as we spend the night on the island. **(B)**

Day 13: Tuesday, August 27, 2024: One more amazing castle

After returning to the mainland, we will visit Alnwick Castle (pronounced “Annick”) and gardens. This castle dates back to Norman times (1309 AD) and has been used a filming location for Harry, Potter, Downton Abbey, and several other movies. It’s the family home of the Percy family and it’s the second largest inhabited castle in the UK. Just outside Edinburgh is the Belhaven Brewery. Established in 1719, this is the oldest working brewery in Scotland. We’ll have a tour and dine in the Monks Retreat pub. We will stay close to the airport for our final night. **(B)**

Day 14: Wednesday, August 28, 2024: Return

We will depart from Edinburgh on our flights back to the USA or continue our travels in Europe. **(B/IF)**

PRICING

The land price of this tour is based is **\$4,599**, based on double occupancy and a minimum of 20 travelers. The single supplement (for those not sharing a room) is \$1,325. These rates are subject to change if there is a significant fluctuation in the exchange rate.

Optional Post Tour is \$890 based on a minimum of 8. The single supplement is \$240.



WHAT'S INCLUDED

- Transportation: via deluxe air-conditioned coach
- Accommodations (double-occupancy) in superior 3-star and 4-star hotels
- Meals as indicated in the itinerary
- Professional Blue Badge tour director
- Local step-on guides for city tours and major attractions
- Whisper headsets
- Admission to all activities indicated in the itinerary
- All taxes and tips – other than tour director and driver
- Full color personalized tour book & travel app.

WHAT'S NOT INCLUDED

- Round-trip air transportation and related taxes and fees (\$1,286 from Portland)
- Arrival and departure transfers
- Single supplement (\$1,325 / \$240)
- Meals and beverages not identified in itinerary
- Items of a personal nature, such as passports and visas. Passports must be valid for 6 months beyond return date.
- Tips to the tour director and driver
- Passenger trip cancellation insurance

TERMS & CONDITIONS

SIGN UP: Please click the registration link on the website: ReformationTours.com/package/RPR24.

PAYMENT METHOD: Payments can be made directly on the registration platform, using a credit card (3.5% fee), or a bank debit. You can also send checks made payable to "Reformation Tours" at 12316 244th St., Chisago City, MN 55013-9688.

FIRST DEPOSIT: A \$350 per person, partially-refundable deposit at the time of registration will secure your space.

FINAL PAYMENT: Due by May 17, 2024.

TRAVEL INSURANCE: We highly recommended insuring your tour and there are two options (see below). Enhanced insurance needs to be paid within two weeks of paying the deposit.

ROOMING and DIETARY REQUIREMENTS: All passenger details including, rooming preferences, dietary needs and any medical conditions are collected at registration, or via email.

CANCELLATIONS: All cancellations must be received in writing or by email by 5:00 p.m. Central Time on the last business day of the applicable period. The postmark date will determine the refund amount due.

From time of deposit until 100 days before departure	\$100 per person
From 99 - 30 days before departure	\$350 plus any non-refundable deposits
Less than 30 days before departure	No refund

In addition to our cancellation costs, we may need to charge for any unrecoverable deposits to suppliers and any penalties imposed by airlines or ground suppliers. Airline tickets, once printed, are not refundable.

Book with **confidence** 



SCHEDULE OF INSURANCE BENEFITS	MAXIMUM BENEFIT AMOUNT	STANDARD PLAN F561S	ENHANCED PLAN F561E
Cancel For Any Reason Benefit*	75% of Non-Refundable Trip Cost		✓
Trip Cancellation** Single Supplement	up to 100% of the non-refundable insured Trip Cost included	✓ ✓	✓ ✓
Trip Interruption** Single Supplement	up to 100% of the non-refundable insured Trip Cost included	✓ ✓	✓ ✓
Additional Trip Interruption Travel Companion Hospitalization	Included under Trip Interruption benefit Maximum up to \$150 Per Day Limited to 5 Days	✓ ✓	✓ ✓
Missed Connection	\$500	✓	✓
Trip Delay	up to \$150 Per Day, to a Maximum of \$750	✓	✓
Accident & Sickness Medical Expense Dental Expense Sublimit	\$25,000 \$750	✓ ✓	✓ ✓
Medical Evacuation & Repatriation of Remains Additional Medical Evacuation: Transportation Of Children/Child Bedside Visit Transportation to Join You	\$100,000 included included included	✓ ✓ ✓ ✓	✓ ✓ ✓ ✓
Political or Security Evacuation & Natural Disaster Evacuation	\$25,000	✓	✓
Baggage and Personal Effects Passport, Visa or Other Travel Documents Replacement Credit Card Charges and Interest Per Article Limit Items Subject to Special Limitations	\$1,500 \$100 \$50 up to \$300 \$600 Maximum Combined	✓ ✓ ✓ ✓ ✓	✓ ✓ ✓ ✓ ✓
Baggage Delay	\$300 Up to \$50 to expedite the Return	✓ ✓	✓ ✓

PLAN	RATE
Standard (F561S)	4.55% of Trip Cost
Enhanced (F561E)	7.60% of Trip Cost

Generali Global Assistance 
non-insurance service

Multi-lingual professionals are available 24 hours a day to provide help, advice and referrals for medical emergencies. We will help you locate local physicians, dentists, or medical facilities, and provide services, including:

- Medical Evacuation Arrangements
- Emergency Medical Payments
- Prescription Assistance
- 24 Hour Legal Assistance
- Emergency Cash Transfer

A complete list of these services is included in your Plan Document.

To contact Generali Global Assistance:

Within U.S & Canada
1-855-205-1232

Collect Worldwide
1-954-370-3251

*Not available to NY Residents. Additional terms apply.
**Benefits are only payable if trip is cancelled/interrupted due to a covered peril.

Additional Terms and Conditions apply. Please refer to your plan document for complete description of coverage.