

Reformation Tours' Guide to Covid on Tour

Dear Traveler,

You about to depart on an amazing journey. The world has opened back up and is waiting to welcome you. One question that lingers on some traveler's minds is "What if I test positive for Covid before returning home?" Although the vast majority of travelers have returned home with no major issues, we'd like to offer information on what to expect in the event that someone tests positive:

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- 1. CDC regulations require self-isolation for up to 10 days from when symptoms first occurred, so please keep a detailed record of any Covid-like symptoms during your tour as it could save you time in quarantine. The traveler can return on day 11 from when symptoms first incurred with either a negative test or a doctor's letter of recovery. In certain circumstances, doctors have issued that letter of recovery in a shorter timeline if patient is asymptomatic. It is not necessarily 10 days from when testing positive.
- 2. Quarantine rules vary for each country and your insurance company can give you the accurate rules.
- 3. We strongly suggest you purchase travel insurance. You can contact us for a quote.
- 4. Please bring K95 masks with you, which offer better protection than cloth or disposable masks.
- 5. If you have travel insurance start a claim immediately. Your policy will have an Emergency Assistance Outside USA (collect call) number to call. The travel insurance company medical team will work with you throughout your isolation time. They call to check up on you at least every other day if not daily. You also need to check if the policy will allow a travel companion to stay with you.
- 6. Be sure to keep all receipts for out-of-pocket expenses to file a future insurance claim.
- 7. Travel insurance representatives will advise as to how to obtain the letter of recovery. It may be a local doctor, or it may be done online via a team put together by the travel insurance company.
- 8. It is important to give the travel insurance team permission to talk with Reformation Tours. HIPPA laws prevent the medical team from talking to us without permission.
- 9. Your stay abroad will need to be extended. Subject to availability you may stay in your current hotel. Generally, the hotel will require your credit card for payment. If there is not availability, Reformation Tours or the Insurance Team will assist in finding a new hotel. The costs for post-tour nights will need to be paid directly by you, but you can claim these expenses from insurance.
- 10. Once you have obtained either a negative covid test result or your recovery letter, please notify Reformation Tours and we will assist with rebooking your return flight to the U.S. If you purchased your own airfare, you should notify the provider and they will be able to rebook your flight home.

We will be in contact with you by email and/or phone with information as needed during this time. We can also be reached by email at <u>info@ReformationTours.com</u> +1 618 222-9914 or via text (618) 977-3533.



