



## Reformation Tours' Guide to Electronics

You might want to bring some electronics with you on your tour, so here is some information on voltage, adapters etc. American appliances run on 110 volts, while European appliances are 220 volts.



### Computers

Some of you will want, or need, to bring your laptop, and the good news is that all you need is a plug adapter to be able to use it overseas. The power adapter on the laptop can convert voltage from 110 – 240. Before you travel, we recommend doing a full-back up. If there are files that you need, consider putting them on a flash drive. Upload any photos to an online source every day, just in case.



### Haircare

There's no need to bring a hair dryer as there will be one in your hotel room. We don't recommend bringing electronic hair straighteners or curlers, as they don't respond well to voltage changes. You can purchase these products fairly cheaply when you arrive.



### CPAP Machine

CPAP machines are considered medical devices covered under the Americans with Disabilities Act and do not count as one of your carry-on items. You can choose to either pack in your checked bag, or bring it with you on the plane. Most newer models have universal power supplies that can adapt to various voltage. If you will need to use it on the plane, please let us know, as we will need to request a seat with a power outlet. Before packing your CPAP machine, make sure the humidifier chamber is empty and dry to prevent spillage and potential damage to your machine. We strongly suggest packing an extension cord.



### Universal Adapter

You will need an adapter to be able to use any American appliance in Europe. In the UK and Ireland, the plugs have 3 prongs. In the rest of Europe, the plugs have 2 prongs, but not the same size as in the USA. The best solution is to purchase a universal adapter, which you can find online, or in stores like Target and Wal-Mart. You can also borrow one from friends who travel overseas. If you take several electronic items, we suggest taking an extension cord.

